

# Media Kit



**Tawanna Kelley**  
Fear Busting Advancement Coach



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## Bio



Tawanna Kelley, the fear busting, advancement coach, is President of Barllie Solutions, a professional development and public speaking training company located in the metro Atlanta, GA area. Recently interviewed on the Ms. JJ Fox and Get it Together Girl Radio shows as well as The Joy Sutton Show, Tawanna has been in the corporate training world for more than 17 years with a variety of companies and industries. She is constantly asked by up and comers how to get started as a corporate trainer or to begin a career in public speaking.

Barllie Solutions was started to give those aspiring speakers and trainers the much needed tools and skills they will need to be successful in their chosen careers.

Tawanna has worked with many small and large companies throughout her career to include ADP, Aon, University of Maryland Medical System, Johns Hopkins Bayview and Legg Mason to name a few. She's been instrumental in empowering others to live a better life.

Making her rounds as a keynote speaker with several companies and Associations, Tawanna is ready to help you move past your fears and remove your barriers to success.



# One Sheet



# Tawanna Kelley

The fear busting, advancement coach

Tawanna Kelley is President of Barllie Solutions, a facilitator and public speaking training and coaching company located in the metro Atlanta, GA area. Tawanna has been in the corporate training world for 17 years working with a variety of companies and industries throughout her career. She is constantly asked by up and comers how to get started as a corporate trainer or to begin a career in public speaking.

She started Barllie Solutions to give those aspiring speakers and trainers the much needed tools and skills they will need to be successful in their chosen careers.

She has worked with many small and large companies throughout her career to include ADP, Aon, University of Maryland Medical System, Johns Hopkins Bayview and Legg Mason.

Tawanna will give you the tools to move past your fears and remove your barriers to success.

## Topics:

- **What Are You Afraid Of?**
- **So, You Want to be a Speaker?**
- **Communicate Like a Leader!**

## Worked with...

- Johns Hopkins Bayview Medical Center
- ADP
- University of Maryland Medical Center
- Aon Hewitt
- Legg Mason

## Why Tawanna?

Working with Tawanna, participants will gain:

- More self confidence
- Tools to move past fear
- Increased communication skills
- Great speaking techniques
- Identify barriers to success



# Programs

## Communicate Like a Boss!

In this program we examine the most common communication roadblocks and how to overcome them and what messages our communication style conveys in the workplace in order to be a more effective communicator.

The program is approximately 2 hours but can be scaled to 1 hour.

- I 7 Major Elements of Communication Process
- II Thomas Gordon's 12 Roadblocks to Communication
- III How to Overcome Communication Roadblocks
- IV How we communicate in the Workplace and the Messages it Conveys



# Programs

## Are You a Fearless Leader?

They don't call me The Fear Busting Advancement Coach for nothing! My specialty is helping you move past your fears to advance your life to the next level, both personally and professionally. Don't let fear hold you back, take control now. Be the fearless leader you were meant to be.

- I Identify Reasons for Fear
- II Uncover What is Holding You Back
- II Formulate a Plan to Move Past Your Barriers



# Media Coverage

## Tawanna was interviewed on the following programs

Throughout Tawanna’s career, she’s been fortunate to have been interviewed by several media outlets seeking her expertise. Just a few have been listed below.

Joy Sutton is an award-winning journalist with more than 15 years of experience working in media. Her experience includes anchoring, reporting, hosting, public speaking and commercial production for radio and television.



Get It Together Girl is all about helping busy women in their fabulous 40s and feisty 50s take advantage of right now through weekly podcasts, blog posts and workbooks.

Ms. JJ is a multi-talented business woman with a multi-faceted background in Entertainment and now Real Estate. Her experience in the entertainment industry is truly positioning her on the Top Shelf and Rising. She began her career in the music industry in marketing and promotions where she organized and promoted some of the biggest concerts from California to South Africa.





# Contact

## Tawanna Kelley

Phone: 404-750-1880

4575 Webb Bridge Road #3972  
Alpharetta, GA 30023

Email: [tkelley@tawannakelley.com](mailto:tkelley@tawannakelley.com)

